

# St Joseph's School

## Information - Year 9 OED (Semester 1 & 2 Classes) Excursion to Lake Leschenaultia Thursday 13<sup>th</sup> November 2025

#### **ITINERARY:**

- Arrive at school at 7.45am and meet near administration building
- Depart at 8am for Lake Leschenaultia
- 9am 11am Activity One (Canoeing OR Orienteering)
- 11am 11.30am Morning Tea
- 11.30am 1.30pm Activity Two (Orienteering OR Canoeing)
- 1.45pm Depart Lake Leschenaultia
- Arrive at school **2.45pm** for normal departure time

#### STUDENT PARTICIPATION IN ACTIVITIES:

As Outdoor Education is a semester elective not yearly, the Semester One class did not do canoeing as it is not allowed in Term 1 and 2 on the Avon River. We would like all students to participate however we are aware that canoeing activities could be challenging for students without previous experience. Below is the basic requirement for canoeing.

#### WHAT TO BRING:

- Personal medical requirements medication, Ventolin, Epipen etc. Staff must be informed of these items and aware of any monitoring or administration required (please list on medical form attached)
- Back pack
- Hat and Water Bottle
- Reef shoes or old shoes for canoeing
- Towel
- Food for the day snacks and lunch
- Mobile Phone for orienteering only. This is purely as a safety precaution and means of communication. However, the use of any personal devices is aligned with the school's mobile phone policy. The school accepts no responsibility of any lost, damaged or stolen personal items.

#### **EQUIPMENT PROVIDED BY THE SCHOOL:**

- Canoes, paddles and PFDs
- Orienteering maps, compasses, control sheets, stationary, whistles
- Transportation on SJS and Shire Bus
- Extra water and First Aid Kits

If you have any questions regarding this excursion, please email Miss Sarah Lynch via sarah.lynch@cewa.edu.au.

Sarah Lynch Sharon Cusack
Head of PE Head of Secondary

30th October 2025

### St Joseph's School

### **EXCURSION AND MEDICAL PROFORMA - YEAR 9 OUTDOOR EDUCATION EXCURSION** PERMISSION TO ATTEND FULL NAME OF STUDENT:\_ [please print] give my permission for my child, as named above, to attend the Year 9 Outdoor Education Excursion to Lake Leschenaultia on 13th November 2025. In the event of my child requires medical attention and I am unable to be contacted, I give permission for Miss Lynch, Mr Greenley or Miss Graham to seek such assistance. Parent/ Guardian Signature: Date: MEDICAL ADVICE (Please write in Nil if not applicable) I wish to alert staff that my child, as named above: Suffers from and requires the following medication: [a] Medication Time Given Other Information [b] Is allergic to the following foods / medicines / factors is prone to travel sickness? Yes / No [c] **EMERGENCY CONTACTS** Name Relationship Phone Nos VEHICLE TRAVEL PERMISSION [please print] give my permission for my child, as named above, to travel in a suitable staff representative's personal vehicle if required throughout the excursion. Parent/ Guardian Signature: **BEHAVIOUR POLICY AGREEMENT** Parent/Guardian Section: [please print] have read and I understand the Behaviour Policy Statement and the conditions surrounding my child attending the 2025 Year 10 Outdoor Education Camp. Parent/ Guardian Signature: Student Section: [please print] have read and I understand the Behaviour Policy Statement and the conditions surrounding my attendance at the 2025 Year 10 Outdoor Education Camp Student Signature: \_ Date: Please Tick below if your child is capable of: Canoeing: Ability to swim 100m with a lifejacket on Understanding of basic water safety If you have any questions or concerns about this, please contact Miss Lynch as soon as possible via sarah.lynch@cewa.edu.au. -- FORM MUST BE RETURNED BY 7th NOVEMBER 2025--